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RESEARCH ARTICLE

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HOLISTIC HOMOEOPATHIC APPROACH IN A CASE OF PSORIASIS WITH PETROLEUM

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ABSTRACT

Hypertension Psoriasis is a chronic, immune-mediated inflammatory skin disorder characterized by recurrent erythematous, well-demarcated, and scaly lesions. With silvery appearance

Key Words:

Petroleum, psoriasis, Homoeopathy

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INTRODUCTION

Psoriasis is a chronic, relapsing, immune-mediated inflammatory skin disorder characterized by well-demarcated erythematous plaques covered with silvery-white scales. It may occur at any age and can significantly affect a patient's physical, psychological, and social well-being. The clinical presentation and course of psoriasis vary considerably among individuals, and factors such as stress, trauma, infections, climate, and lifestyle may influence its exacerbation.

CASE PROFILE

42-year-old male farmer; psoriasis for 6 years over elbows, knees, hands and feet. Severe nocturnal itching; painful fissures of fingertips and heels; bleeding after scratching; marked winter aggravation

PRESENTING COMPLAINTS

Itching at night

Dry skin

Bleeding after scratching

Cracks on hands

Anxiety and irritability

PHYSICAL GENERALS

Appetite: desire for fatty food

Thirst: moderate thirst

Thermal Reaction: chilly

Sleep :- disturbed

Dream : Fearful

Urine :- Scanty

Perspiration:- scanty

Stool :- Satisfactory

MENTAL GENERAL

- Irritable
- Easily angered by contradiction
- Prefers solitude
- Anxiety regarding future

MIASMATIC BACKGROUND: Mainly PSORIC

CLINICAL FINDINGS

PSORIASIS

REPERTORIAL TOTALITY ON THE FIRST VIST

PRESCRIPTION

Petroleum 30C 2 drops in 1 teaspoon water, BD for 5days

Repertorisation								
Filters Applied: Sort by Totality								
Symptoms: 5				Remedies: 246				
Remedy Name	Petr	Ars	Merc	Lyc	Nit-ac	Rhus-t	Sulph	
Totally / Symptoms Covered	11 / 4	9 / 4	9 / 4	7 / 3	7 / 3	7 / 3	7 / 3	
[Kent] [Skin]Eruptions:Dry:Bleeding after scratching: (6)	2	2		2			2	
[Kent] [Skin]Eruptions:Itching:Night: (18)		2	3			2		
[Kent] [Mind]Anger, irascibility (see Irritability, Quarrelsome): (137)	3	3	1	3	3	2	3	
[Kent] [Mind]Confusion of mind (see Concentration): (222)	3	2	3	2	1	3	2	
[Kent] [Extremities]Cracks:Hands (see	2		2		2			

FOLLOW UP

Date	Symptoms	Prescription
03/08/2026	Itching reduced, pain decreased	Petroleum× 200c ×Bd× 7 days SL× TDS × 7 Day's
10/08/2026	Marked reduction in dryness; most superficial cracks healed	Petroleum×1M × one dose SL × TDS ×15 Days
25/08/2026	Plaques became flatter with considerable reduction	SL ×TDS × 5 Days
30/08/2026	Only mild residual dryness and scaling remained	SL×TDS×10 days

CONCLUSION

Individualized homoeopathic treatment showed significant improvement in this case of psoriasis PASI decreased from 14.2 to 4.0 Corresponding to approximately 71.8%

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