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RESEARCH ARTICLE

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STUDY OF SULPHUR IN CHRONIC SKIN DISEASES

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ABSTRACT

Chronic skin diseases are among the most common disorders affecting individuals worldwide. They are characterized by prolonged duration, recurrence, and considerable impact on physical and psychological well-being. Homoeopathy approaches chronic skin diseases through individualization and constitutional treatment. Sulphur, one of the most frequently prescribed antipsoric remedies, has a significant role in the treatment of chronic skin conditions presenting with itching, burning, dryness, and aggravation from heat. This case study demonstrates the efficacy of Sulphur in a patient suffering from chronic eczema. The patient showed marked improvement in local symptoms as well as general health following homoeopathic treatment based on totality of symptoms.

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INTRODUCTION

Skin diseases constitute a major health burden due to their chronicity and recurrent nature. Conditions such as eczema, psoriasis, dermatitis, and fungal infections often affect the patient's quality of life by causing discomfort, social embarrassment, and psychological distress. Homoeopathy emphasizes treating the patient as a whole rather than merely suppressing local manifestations. Sulphur occupies a prominent place in homoeopathic materia medica and is regarded as the 'King of Antipsorics.'

CASE PROFILE

Name: XYZ

Age: 35 Years

Sex: Male

Occupation: Farmer

Marital Status: Married

Date of First Visit: 10 January 2026

Chief Complaint: Chronic itchy skin eruptions for three years.

PRESENTING COMPLAINTS

1. Intense itching of skin for 3 years.
2. Dry scaly eruptions over legs and forearms.
3. Burning sensation after scratching.
4. Aggravation from warmth of bed.

5. Occasional bleeding due to excessive scratching.
6. Symptoms worse during winter season.

PHYSICAL GENERALS

Appetite: Increased
 Thirst: Increased
 Desire: Sweets and spicy food
 Aversion: Milk
 Perspiration: Profuse and offensive
 Thermal State: Hot patient
 Sleep: Disturbed due to itching
 Bowel Habits: Regular

MENTAL GENERALS

- Irritable when contradicted.
- Indifferent to personal appearance.
- Philosophical tendency.
- Anxiety regarding health.
- Easily offended.

MIASMATIC BACKGROUND: The case predominantly represented the Psoric Miasm due to intense itching, dryness and scaling, functional disturbances, and hypersensitivity of skin.

CLINICAL FINDINGS: Diagnosis: Chronic Eczema (Dermatitis). Dry scaly plaques present on both legs and forearms with scratch marks and mild erythema.

REPERTORIAL TOTALITY ON THE FIRST VISIT

Mind – Irritable
 Skin – Itching – warmth of bed aggravates
 Skin – Eruptions – dry
 Skin – Burning after scratching
 Generalities – Heat aggravates
 Generalities – Desire for sweets
 Generalities – Increased appetite

Repertorial Result

Sulphur – 18
 Arsenicum Album – 11
 Psorinum – 10
 Lycopodium – 11
 Graphites – 8

Repertorisation					
Filters Applied: Sort by Totality					
Symptoms: 7			Remedies: 5		
Rubrics	Sulph	Ars	Lyc	Psor	Graph
Totality / Symptoms Covered	18 / 7	11 / 6	11 / 7	10 / 5	8 / 7
Mind – Irritable	3	2	2	2	1
Skin – Itching – Warmth of bed agg.	3	2	1	3	1
Skin – Eruptions – Dry	3	1	1	2	2
Skin – Burning after scratching	3	3	1	1	1
Generalities – Heat agg.	3	2	2	2	1
Generalities – Desire for sweets	1	0	3	0	1
Generalities – Increased appetite	2	1	1	0	1
Repertorial Result					
Remedy	Marks				
Sulphur	18				
Arsenicum Album	11				
Lycopodium	11				
Psorinum	10				
Graphites	8				

PRESCRIPTION

Sulphur 200C – One dose stat.

Placebo – BD for 15 days.

FOLLOW UP

Date	Symptoms	Assessment	Prescription
10/01/2026	Severe itching, burning, dry eruptions, warmth agg.	Baseline Case	Sulphur 200C Stat + Placebo
25/01/2026	Itching reduced by 30%, sleep improved	Improvement	Placebo BD
10/02/2026	Significant reduction in itching and scaling	Good Improvement	Placebo BD
10/03/2026	About 80% relief in symptoms	Marked Improvement	Placebo BD
10/04/2026	Nearly complete recovery, no fresh eruptions	Recovery	Observation

CONCLUSION

The present case demonstrates the effectiveness of Sulphur in the treatment of chronic eczema and supports its role as an important antipsoric remedy in chronic skin diseases.

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