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RESEARCH ARTICLE

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HOMOEOPATHIC PERSPECTIVE IN DERMATOLOGICAL DISORDERS

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ABSTRACT

Dermatological disorders constitute a significant proportion of outpatient consultations worldwide and adversely affect patients' physical, psychological, and social well-being. Homoeopathy adopts a holistic approach by considering the patient's individual constitution, mental and physical characteristics, and disease manifestations rather than focusing solely on local skin lesions.

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INTRODUCTION

The skin is the largest organ of the human body and serves as a protective barrier against environmental hazards. Homoeopathy treats skin manifestations as external expressions of internal imbalance and aims to restore systemic harmony.

MATERIALS AND METHODS

A narrative review was conducted using classical homoeopathic literature, materia medica, repertories, and published articles related to dermatological disorders.

RESULTS

Individualized constitutional treatment is commonly used in dermatological disorders. Frequently indicated remedies include Sulphur, Graphites, Arsenicum album, Natrum muriaticum, Rhus toxicodendron, and others depending on symptom similarity.

DISCUSSION

Homoeopathy considers skin diseases as manifestations of internal disturbances rather than isolated local pathology. Constitutional prescribing remains the cornerstone of management.

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