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RESEARCH ARTICLE

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HOLISTIC HOMEOPATHIC APPROACH IN A CASE OF AUTISM SPECTRUM DISORDER

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ABSTRACT

The Autism, or Autism Spectrum Disorder (ASD), is a neurodevelopmental condition characterized by differences in social communication, behavior, and sensory processing. It typically appears in early childhood and affects individuals in varying degrees, which is why it is described as a “spectrum.” People with autism may experience challenges in understanding social cues, forming relationships, and expressing emotions, along with patterns of restricted or repetitive behaviors, interests, or activities. Sensory sensitivities—such as heightened or reduced responses to sound, light, touch, or smell—are also common. The exact causes of autism are not fully understood, but research suggests a strong genetic component combined with environmental factors that influence brain development. Early identification and intervention play a crucial role in improving outcomes.

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INTRODUCTION

Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by deficits in social communication and the presence of restricted interests and repetitive behaviors (1). Today, awareness and acceptance of autism are increasing worldwide. Many experts and advocates emphasize the importance of neurodiversity, which recognizes that brain differences like autism are part of human diversity rather than something to be “fixed.” Promoting understanding, inclusion, and respect helps create a more supportive society for autistic individuals and their families.

CASE PROFILE

A child patient of 2 years old approached with complaints of weakness and undeveloped child at mind level, physical weakness, stunted and dwarf. IQ level is low. She don't understand anything, doesn't react to anything. Immunity is low. She had coryza and obstruction of nose, discharge is yellowish in color. Restlessness of feet. Soles are so sensitive and become red easily. Unable to walk and stand still now. Protuding tongue continuously. Frightened sensation on waking as if something dreadful had happened. Nocturnal enuresis. Takes cold easily. Pulsation felt in abdomen.

Presenting complaints

- Delayed development
- Dwarfness
- Immunity low
- Coryza and obstruction of nose
- Yellowish discharge from nose
- Restlessness of feet
- Soles are so sensitive and become red
- Nocturnal enuresis.
- Protuding tongue continuously.

Past history: Not significant.

Physical Generals

- Appetite:- Good
- Thirst:-Thirsty
- Sleep:-Disturbed,
- Position :- on knee and face. Boring her head in pillow.
- Perspiration:-scanty
- Urine :- screams while urinating
- Stool:-Hard lumpy stool

Mental generals

- Weakness of mind
- Forgetful

- Don't recognize people
- Aversion to touch
- Aversion to crowd
- Fear of dark
- Frightened sensation on waking up
- Hyperactive always in hurry
- Night terrors
- Clings on other at night
- Biting others
- Pulls his mother's hair
- Fear -noise from different sources

Miasmatic background: Mainly miasm running behind the disease is syco-syphilitic miasm. But in family background syctic miasm was predominant.

Clinical findings:

Open fontelles

Repertorial totality on first visit

Prescription as on 27/10/2025

1. Medorrhinum 1M /1 D

2. SL/TDS x15 days

3. Alfa-Alfa 20 drops BD x15 days

Follow up with dates

Sr.	Date	Symptoms	Prescription
1	10/11/2025	Coryza and cough with excessive dyspnoea ,much mucous secretion Initially mother is suffering from allergic rhinitis.	Influenzium 1M /1D Antim ars 30 /BD x15 days
2	18/11/2025	IQ level increase Immunity increase Obstruction decrease Coryza decrease Tonsils enlarged Hard ,dry cough during sleep Thick expectoration	Tuberculinum 1M /1D Antim ars 30 x 3 Alfa-Alfa 20drops /3 -15 days
3	15/01/2026	IQ level increase Respiratory symptoms almost decrease Immunity increase Sleep better	Tuberculinum 1M/1D Antim ars 30 x3 -15 days

CONCLUSION

Being a complex neural condition, old school medicine offers little help in treatment of Autism. They don't have cure of it and manage only by the suppression of symptoms not curing it Homeopathic Antimiasmatic dynamic medicine can help a great deal in this very troublesome medicine along with some dietary restrictions and speech therapy.

Conflict of Interest: Nil.

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