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CASE STUDY

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HOMOEOPATHIC MANAGEMENT OF BLOOD CANCER: A COMPREHENSIVE APPROACH AND INDIVIDUALIZING PATIENTS

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ABSTRACT

Article provides an overview of Leukaemia exploring its causes, risk factors, clinical presentation, complications, and management strategies, with a focus on homoeopathic interventions. In today's world these disease is very common. It can occur at any age. We cannot cure these disease completely. We can prevent leukemia by taking some precautions. like eating fresh fruit and vegetables, by washing hands, exercise, healthy lifestyle. Blood Cancer affects the production and function of blood cells.

Commonest type of blood cancers are

- 1) Leukemia
- 2) Lymphoma
- 3) Myeloma

Common treatment of blood cancer is chemotherapy but relapse may also occur in that. Different types of drug deliveries has been developed to improve efficacy and safety of blood cancer treatment.

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INTRODUCTION

Leukemia is very common type of blood Cancer it affects the white blood cells.

It consists of two type

Acute and chronic leukemia

1. Leukaemia.
2. Lymphoma.
3. Myeloma.

Leukaemia: It is caused by the increased in white blood cells and affects blood bone marrow and spleen 4 types of leukemias

1. Acute myeloid leukaemia
2. Acute lymphoblastic leukaemia
3. Chronic myeloid leukaemia
4. Chronic lymphocytic leukaemia.

Lymphoma: It directly affects the lymphatic system which defense against infectious diseases. It affects bone marrow and spleen

1. Hodgkin lymphoma.
2. Non Hodgkin lymphoma.

Myeloma: They are white Blood cells (WBC) that generate diseases fighting antibodies.

Aetiology

- Unknown usually
- Radiation.
- Previous Cancer treatment: chemotherapy
- Chemical and drugs: chronic benzene exposure and use of cytotoxic and immuno-suppressive agents.

4. Genetic (hereditary) factors - Genetic disorders like:

- Down's syndrome
- Klinefelter's syndrome

5. Family History of Cancer

Risk factors: Risk factors for developing non-Hodgkin lymphoma include:

1. Exposure to certain industrial chemicals, herbicides and insecticides
2. History of chemotherapy
3. Exposure to radiation
4. Compromised immune system

5. History of autoimmune diseases such as rheumatoid arthritis SLE

4. Sarcoidosis
5. Auto immune disease: RA, SLE.

Clinical Features

ONSET: Abrupt or Insidious.

- 1 **Symptoms due to anaemia:** Tiredness, weakness, fatigability, marked pallor.
2. Haemorrhagic manifestations Skin petechiae, bruises, bleeding from gums and nose, or persistent bleeding after tooth extraction or tonsillectomy.
3. Infections (a) Infective lesions of mouth and throat 3 Ulceration of mouth and pharynx.
4. Lymphadenopathy
5. Hepatosplenomegaly
6. Constitutional symptoms- Fever, malaise, prostration.
7. Roth's spots - White-centered retinal haemorrhages
8. Leucostasis some patients with acute myeloid leukaemia have hyperleukocytosis (WBC counts: 1,000,000 mm³).

Investigation:

- 1) Total White Cell count - More than 5,00,000/cumm
- 2) Bone marrow - Hypercellular with depression of normal erythropoiesis, granulopoiesis and thrombopoiesis.
- 3) Coagulation Screening
- 4) Chest Radiograph
- 5) Immunophenotyping
- 6) Lumbar puncture
- 7) Genetic tests
- 8) Lymph nodes biopsy

Complication

1. Anaemia
2. Infections
Due to impaired humoral and cell mediated immunity leading to increased susceptibility to bacterial and viral infection.
3. Kidney failure
4. Metabolic disturbances - Hyponatremia and hyperphosphatemia
5. Constitutional. Symptoms Fever, malaise, weight loss.

Differential Diagnosis

1. Lymphadenopathy
2. Hepatosplenomegaly
3. Myelofibrosis

Treatment:

1. Chemotherapy
2. Stem cells Transplant
3. Immunotherapy
4. Radiotherapy
5. Surgery.
6. BLOOD transfusion

Homoeopathic management: Symptoms.

1. **Arsenicum album:** For fatigue, weakness, and anemia. Where patient having too much BODYACHE with restlessness....This remedy use to calm down the pain as well as restlessness.....
2. **Carcinosin:** It is a specific remedy used as an intercurrent also with constitutional medicine....To exclude the growth and recurrency
3. **Phosphorus:** For bleeding tendencies, anemia, and fatigue. Also used in post operative where patient having recurrent vomiting after eating or drinking.....
4. **Cadmium sulf:** For bone marrow suppression, anemia, and fatigue.
5. **Radium brom:** For radiation-induced CANCER in blood or any specific organ.symptoms, fatigue, and weakness.

Remedies for Emotional and Mental Symptoms

1. **Gelsemium:** For fatigue, weakness, and depression.
2. **Ignatia:** For anxiety, fear, and emotional distress.
3. **Aurum metallicum:** For depression, anxiety, and feelings of hopelessness.

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